

# Reasonable & Necessary

A checklist to understand how to spend NDIS funds

**MOIRA**  
Financial Plan Management

**There are specific guidelines for what can be funded under the NDIS, known as the NDIS Funding Criteria. NDIS supports must continuously meet this criteria to be funded.**

The following checklist can help you understand how to spend your NDIS funding. All criteria below must be met to satisfy Section 32 of the NDIS Act, which defines "reasonable and necessary" supports that can be funded within an NDIS plan.

- Will it help you pursue your goals, objectives and aspirations outlined in your NDIS plan?
- Will it increase your independence and/or help you to be part of your community and/or workplace?
- Is it value for money?  
(Is the cost reasonable? Are there alternatives that will achieve the same level of benefits?)
- Is it effective, beneficial and good practice?  
(Is there evidence to suggest that it will work and provide benefits to you?)
- Does it take into account of what is reasonable to expect families, carers and informal supports and the community to provide?
- Is the NDIS the most appropriate funding body?  
(There are no other government bodies that are responsible for paying for it e.g. education, health etc.)

*If you have answered "No" to any of the above criteria, there is a likely chance that the NDIS does not cover your request. MOIRA recommends that you get in contact with your NDIS representative to discuss further.*